

“God’s Design in Rest”
Sermon Notes

□ **Devote one day each week fully to the Lord.**

4 Reasons why...

1. To _____ God’s works in history. (Exodus 16:23; Genesis 2:1-3; Deuteronomy 5:12-14;

2. To _____ from your work. (vv. 9-11; Genesis 2:3; Genesis 2:15; Genesis 3:17b, 19; Nehemiah 13:15-18; Jeremiah 17:19-27; Ezekiel 20:12-13)

3. To _____ God personally and corporately. (vv. 9-10; Leviticus 23:3; Numbers 15:32-36; Mark 2:27)

4. To _____ on God’s purposes in the church age. (Matthew 11:28-29 John 20:9; Acts 20:7; 1 Corinthians 16:2)

Next Week: Exodus 20:12 – “Honor Your Father and Mother”

MEFC Community Group Study Questions
For the week of May 31st – June 6th

Jamie Page, the founding and Lead Pastor of a congregation known as The Church in Dekalb (IL), has developed a simple type of Bible study known in their church as the “Secret Sauce”*. It consists of seven questions. Similar in many ways to “The Swedish Method” we’ve often used in our groups, the “Secret Sauce” approach is a wonderfully faithful and fruitful way to study Scripture. Here’s the recipe...try it out with your family, your community group, or on your own this week with Exodus 20:8-11.

The Law

1. What does this passage say about God?
2. What does this passage say about people?
3. Therefore, according to this passage, what should I do?
4. Let’s be honest: How do I fail to do what this passage says I ought to do?

The Gospel

5. How has Christ perfectly done what this passage requires?
6. How is Christ’s death sufficient and satisfactory for my failure to do what this passage requires?
7. How does Christ’s resurrection empower me to live as this passage suggests?
8. As a Christian, indwelt by the Holy Spirit as the Gospel promises, what will I now do?

*<http://www.joethorn.net/blog/2013/5/1/secret-sauce>